

# LES ORMES ACTIVITY WEEKS 2017

Their next adventure...



[jerseysport.co.uk](http://jerseysport.co.uk)

Les Ormes

# MINI WEEK

A great way for children aged 3-7 to try new sports and crafts. Based at all-weather Les Ormes, youngsters can look forward to a wide range of activities from badminton to swimming, pottery painting to nature walks.

**Monday to Friday. Les Ormes.  
Half day. 8.30am - 12 noon. £95.  
Full day. 8.30am - 4.00pm. £125.  
Sessions for 3-7 year olds.**



**FREE  
BAG AND  
BOTTLE**

**Children will have access to a selection of the following activities: Badminton. Tennis. Football. Cricket. Inflatables. Fun Zone. Nature Walks. Dodgeball. Swimming. Rib Tour. Rounders. Painting. Arts and Crafts.**

**Drop-off and pick-up point: Soccer Dome.  
Bring: water, snacks, lunch, swim clothing each day, sun cream, towel and sun hat.  
All staff are trained in the delivery of all activities, are First Aid trained and DBS checked.**





**Children will have access to a selection of the following activities: Tennis. Cricket. Badminton. Football. Netball. Inflatable Rides. Rounders. Nature Walks. Fun Zone. Slacklining. Swimming. Dodgeball. Beach Safety. Beach Day and Games. Paddleboarding. Coasteering. Bodyboarding.**

# MAXI WEEK

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**Monday to Friday. Les Ormes.  
All day. 8.30am - 4.00pm. £150.  
Sessions for 7-14 year olds.  
Early drop-off. 8.00am. £2 per day.  
Late pick-up. 5.00pm. £3 per day.**

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**A great way to try new sports, children can enjoy a huge range of activities from Tennis to Football, Coasteering to Paddleboarding. Action-packed, the Maxi Week is a natural step up from the Mini Week.**

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**Drop-off and Pick-up point: Soccer Dome.  
Bring: water, snacks, lunch, swim clothing each day, sun cream, towel and sun hat.  
All staff are trained in the delivery of all activities, are First Aid trained and DBS checked.**





# MER PARTIES

**Sessions last 1 hour. Suitable for ages 6+.**

**Learn how to swim like a mermaid with your friends. Where feet are no more, tails create a natural movement through the water. By the end of the party you will be doing routines and creating your unique mer-sign. As part of the session you will receive a Mermaid or Merman makeover and photo shoot done by your instructor.**

**To take part in a mer-party each child will need to demonstrate they can:**

- + Swim 20m comfortably**
- + Submerge their face fully whilst swimming**
- + Tread water in both shallow and deep water**
- + Lift their knees and turn 360 degrees in both directions**
- + Perform a basic dolphin kick for 5m**

**To book a party please contact Matt on 497038**



# LES ORMES CHILDREN'S PARTIES

**IT'S TIME TO PARTY!**

From Mini Laser Tag to Football and everything in-between, we provide exciting Children's Parties for toddlers to teenagers. To book call Matt on 497038 or visit [jerseysport.co.uk](http://jerseysport.co.uk)



Les Ormes

## Your Child's Details:

<b>CHILD 1</b>	Name:	Age:
	Any medical conditions or allergies:	
<b>CHILD 2</b>	Name:	Age:
	Any medical conditions or allergies:	
<b>CHILD 3</b>	Name:	Age:
	Any medical conditions or allergies:	

## Select your Child's or Children's Activity Weeks Schedule:

Please circle child 1, 2 or 3 as applicable, and if required, please tick for extra supervision.

DATES	MINI 3-7 YRS		MAXI 7-14 YRS	EXTRA SUPERVISION	
	Half day	All day	All day	Early drop-off	Late pick-up
	£95	£125	£150	£2 per day	£3 per day
<b>EASTER HOLIDAY WEEK</b>					
3 - 7 Apr	1 2 3	1 2 3	1 2 3	<input type="checkbox"/>	<input type="checkbox"/>
<b>MAY HALF-TERM WEEK (4 DAYS ONLY)</b>					
30 May - 2 Jun	£76	£100	£120	<input type="checkbox"/>	<input type="checkbox"/>
	1 2 3	1 2 3	1 2 3		
<b>SUMMER HOLIDAY WEEKS (WEEK COMMENCING 29 AUG IS ALSO 4 DAYS ONLY)</b>					
24 - 28 Jul	1 2 3	1 2 3	1 2 3	<input type="checkbox"/>	<input type="checkbox"/>
31 Jul - 4 Aug	1 2 3	1 2 3	1 2 3	<input type="checkbox"/>	<input type="checkbox"/>
7 - 11 Aug	1 2 3	1 2 3	1 2 3	<input type="checkbox"/>	<input type="checkbox"/>
14 - 18 Aug	1 2 3	1 2 3	1 2 3	<input type="checkbox"/>	<input type="checkbox"/>
21 - 25 Aug	1 2 3	1 2 3	1 2 3	<input type="checkbox"/>	<input type="checkbox"/>
29 Aug - 1 Sep	1 2 3	1 2 3	1 2 3	<input type="checkbox"/>	<input type="checkbox"/>

## Your Contact Details:

Name:		Email:	
Home:	Work:	Mobile:	

I give consent for my child or children to participate in the activity weeks selected:

Signature of Parent or Guardian:

Date: / / 2017

- I give consent for my information to be held on a secure database and used for future marketing by Les Ormes Leisure Resort.
- I give consent for my child or children to participate in photography during activities. Images may be used in future marketing by Les Ormes.

*Paying by cheque? Please make payable to:*  
**Les Ormes Leisure Resort**

*Post to:* **Les Ormes Leisure Resort, Le Mont à la Brune, St Brelade, Jersey JE3 8FL.**

*Contact us on:* **497000**



# LES ORMES SWIM ACADEMY

## SCHOOL HOLIDAY SWIM LESSONS

**+ Small classes: Maximum 5 per group + Experienced professional staff  
+ Specialised 31° teaching pool + Tailored classes to suit your schedules**

### **5 Day Intensive Classes: £50**

Speed up your child's swimming with intensive lessons during the school holidays.

- + Boost swimming skills and technique
- + Increase their confidence around water
- + All abilities catered for 0m to 400m+
- + 5 x 30 minute sessions per week
- + Maximum 5 children per teacher

### **Mermaid Inclusive / Private: £35**

Our swim course covers putting on our mono fins and skins, entering and exiting the water, basic breathing and some mermaid skills work which will lead to basic routines.

### **One to One Tuition: £20**

Tailored to meet your child's goals and needs helping them to improve quicker than group lessons.

- + Each lesson lasts 30 minutes
- + 100% contact time between teacher and swimmer guaranteed

One to One tuition is also more effective because children can develop at their own pace. We offer lessons for nervous children or children that have a fear of water as well as for the more advanced swimmer providing stroke analysis.

**To book your child in to the correct group call 497036.**



# Winter Lets

**Available from October to April**

Managed Winter Lets, ideal if you are buying, selling, renovating or relocating. Call 497028, drop into reception or visit us online



[jerseywinterlets.co.uk](http://jerseywinterlets.co.uk)

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